**Mental Health Cases in the PSHS System**

**Annex A – Root Cause Analysis**

**Campus: MIMAROPA Region Campus**

**School Year: 2017-2018**

**Total number of students enrolled at the start of the school year per grade level:**

**Grade 7: 35 Grade 10:**

**Grade 8: 32 Grade 11:**

**Grade 9: Grade 12:**

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| **Complete Name of Student\***  **(LAST NAME, First Name)** | **Grade Level** | **Sex** | **Scholarship Categorization Points (see Annex B)** | **Nature of the Problem Reported**  **(see Annex C, indicating all that apply)** | **Date Reported or Observed** | **Action Taken** | **Were there red flags or symptoms displayed (Y/N)** | **Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)** | **Action Taken** | **Probable Cause of the Problem** | **Possible Solution** | **Remarks** |
| 1. **Fainsan, Ronette** | **8** | **F** | **Full Scholar** | **4- Depression**  **5 Suicidal deation** | **September 15, 2017** | **Inform the Parents, Dom manager, SSD and CID Chief, Adviser. Inform the parents that she is for referral to a psychologist/psychiatrist. Counseling sessions with the student.** | **Y** | **Y** | **Talk with the student** | **Overwhelmed with workloads at school (Adjustment in school)**  **She misses her family** | **Give time for the student to adjust, Gradually train the students to work under pressure**  **Visits from her family Come back to school on Monday morning instead of Sunday** | **She cries without knowing the reason why**  **-She always come to the guidance office to talk. Improvements are observed** |
| 1. **Marquez, Amir** | **7** | **M** | **Full Scholar** | **8- Self Harm**  **4- Stress** | **November 21, 2017** | **Time table to be monitored by the dormitory manager.**  **Talk with the CID, SSD Chief, parents, Adiser. Counseling sessions** | **Y** | **Y** | **Talk with the student** | **Overwhelmed with workloads at school (Adjustment in school)** | **Give time for the student to adjust, Gradually train the students to work under pressure** | **-He always come to the guidance office to talk. Improvements are observed** |
| 1. **Tamayo, Euan Rein** | **7** | **F** | **Full Scholar** | **4- Depression, Stress**  **8-Self-Harm**  **5 – Suicdal Tendency, Ideation** | **November 20, 2017** | **Talk with the parents, CID, SSD Chield, Aviser, Dormiory Manager, and the Child. Time table to be checked by the dormitory manager. Counseling sessions** | **Y** | **Y** | **Talk with the students** | **Overwhelmed with workloads at school (Adjustment in school)**  **She misses her family** | **Give time for the student to adjust, Gradually train the students to work under pressure**  **Constant communication with the parents. Stay to his guardian in weekends** | **-She always come to the guidance office to talk. Improvements are observed** |
| 1. **Marbibi, Ian Brenard** | **7** | **M** | **Full Scholar** | **8-Self Hurt**  **9- Interpersonal Relationship Problem** | **January 19, 2018** | **Talk with the parents, CID, SSD Chield, Aviser, Dormiory Manager, and the Child. Student talk with his parent. Counseling session** | **N** | **N** | **-** | **He misses his family.**  **Feeling isolated with friends**  **Infatuaion** | **Give time for the student to adjust, Gradually train the students to work under pressure**  **Constant communication with the parents, Stay to his guardian in weekends. Open up to his friends** | **He self-hurts once and never repeat** |
| 1. **Cezar, Jerick John** | **8** | **M** | **Full Scholar** | **6- Aggressive Behavior, Bullying**  **9 Interpersonal Relationship Problem, Emotionally Sensitive**  **3- Non Submission of requirements, Demotivation**  **12- easily angered** | **Setember 4, 2017** | **Counseling sessions, Anger management, Be mindful of others. Think of positive things** | **N** | **Y** | **Refer to the guidance** | **Bullied when he was in Elementary, Disciplined by parents, Seeks attention** | **Give feedbacks. Appreciate him if he accomplished or done something good. Give him tasks in class.** | **Hs grades improves specially when being appreciated or recognize.** |
| 1. **Andres, Dayrel John** | **8** | **M** | **Full Scholar** | **Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance** | **January 23, 2018** | **Lessen gadget time, Time table to be monitored by the dormitory manger. Tutorial by his subject teachers, Counseling sessions. Behavioral Contract** | **N** | **N** | **-** | **Low initiative, Slow processing** | **One on one tutorials** | **He needs to be called for the tutorial** |
| 1. **Mazo, Keith Jaspher** | **8** | **M** | **Full Scholar** | **9- Emotional Sensitivity**  **5- Suicidal Ideation** | **November 28,2017** | **Counseling sessions,** | **Y** | **N** | **-** | **Bullied when he was in elementary and high school, Negative thinker, Emotional** | **Help him understand that what gives him stress are those what he thinks** | **He is aware that what gives him stress is being negative and letting himself be affective of what other people do** |

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

**Other Remarks, if any:**

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Prepared by:

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**Annex C**

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| **Number code** | **Indications / Types of Behaviour Observed** |
| 1 | Autism/ Autism Spectrum Disorder |
| 2 | ADHD/ Hyper Activity |
| 3 | Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim |
| 4 | Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder |
| 5 | Suicidal Ideation/ Tendency |
| 6 | Aggressive Behaviour/ Unmanageable Tantrums/ Bullying |
| 7 | Hallucination/ Delusion |
| 8 | Self-hurt/ Self-Inflicted Injury or Harm |
| 9 | Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation |
| 10 | Misconduct |
| 11 | Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide) |
|  | Other indications not listed above (Please specify, and add lines as needed):  12. |
|  | 13. |
|  | 14. |
|  | 15. |
|  | 16. |